

Helen Ferber Jarvis

BSc (Hons) Speech and Language Therapy

e-mail: hfj@benholden.net



Position – Associate Case Manager

Based in London

Professional Registration & Memberships

- British Association of Brain Injury Case Managers (BABICM) – **Membership No. 2930369**
- Health and Care Professions Council (HCPC) – **Registration No. SL29873**
- Institute of Registered Case Managers (IRCM) – **Registration No. RCM2125**



[Click here](#) to watch a short video about me.

Skills & Experience Summary

Helen qualified as a speech and language therapist in 2011 and, after initially working with children, she moved to a role supporting adult clients in the community in 2012. Helen worked for the NHS for a total of 10 years, specialising in neurological disability for most of this time. Helen has experience working with clients following acquired brain injury and stroke, and those with progressive neurological conditions. Helen gained experience in TBI whilst working on the neurosurgery ward at a Major Trauma Centre, a role involving complex discharge planning, mental capacity assessments and extensive MDT working.

Having developed a keen interest in working with people affected by brain injury, and motivated to work in a more client-centred way, Helen moved into case management. She now skillfully supports clients with a range of catastrophic conditions including brain injury, polytrauma, mental health difficulties, and complex, challenging social situations, including gaining experience supporting a client within the prison system.

Helen holistically assesses needs, arranges bespoke rehabilitation programmes, supports clients to return to work, manages large complex care packages and competently liaises with multidisciplinary teams, statutory services and legal parties to enable her clients to maximise their recovery and experience an improved quality of life.

Helen has particular skill in working with clients who have communication difficulties or those whose first language is not English and confidently works with interpreters. She deals effectively with difficult situations and can tactfully and diplomatically conduct difficult conversations with clients and families.

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Helen undertakes continuing professional development by attending regular webinars, conferences and training courses relevant to her role as a case manager.

Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

Employment History

August 2026 – Present

Ben Holden Ltd

Associate Case Manager

August 2022 – August 2026

Keystone Case Management Ltd (now N-able Services)

Associate Case Manager

September 2021 – August 2022

Anglia Case Management Ltd

Case Manager

December 2013 – August 2021

Barts Health NHS trust / Barking, Havering and Redbridge NHS Trust

Band 6 Speech and Language Therapist

September 2011 – December 2013

Barts Health NHS trust

Band 5 Speech and Language Therapist

Personal Summary

Outside of work, Helen can be found spending time with her young family and exploring East London by bicycle. She has a keen interest in baking bread and cinnamon buns. When she gets the chance, she enjoys escaping London to greener climbs for a spot of hill walking in the sun, wind and rain.

[CLICK HERE: to Submit an Enquiry or Instruction](#)