

Emma Hunt

MSc Physiotherapy

e-mail: emma@benholden.net



Position – Case Manager
Moving and Handling Advisor
Vocational Rehabilitation Service Lead

Based near Norwich, Norfolk

Professional Registration & Memberships

- Advanced Member of the British Association of Brain Injury Case Managers (BABICM) – **Membership No. 6864**
- Health and Care Professionals Council (HCPC) – **Registration No. PH91571**
- Member of Chartered Society of Physiotherapy – **Membership No. 083581**
- Member of the National Back Exchange – **Membership No. 2014411**



[Click here](#) to watch a short video about me.

Skills & Experience Summary

Since qualifying as a physiotherapist from the University of East Anglia in 2009, Emma has pursued her interests in neurology, spinal injury and musculoskeletal conditions. Emma has worked in a variety of settings within the NHS, private sector and sporting domains.

She started her physiotherapy career in neurology, working in a rehabilitation unit for a wide variety of neurological conditions and TBI. She returned to the same company later in her career as a senior therapist managing the wider therapy team and the manual handling lead, specialising in TBI and spinal injuries. Emma has experience of working as an inpatient physiotherapist and working in the community. She completed return to work assessments as part of her role as a MSK physiotherapist.

Emma's recent case management experience includes working with clients with very complex orthopedic injuries, spinal injury, peripheral nerve injury, neurological injuries, brain injury, and bariatric clients for both unsettled and settled cases. Emma has worked with large multidisciplinary teams and has experience of managing large 24-hour care teams.

She develops an excellent rapport with her clients and their families and working relationships with professionals to ensure the best outcome and a person-centred

W: [Click Here: www.benholden.net](#) | E: info@benholden.net | T: 01449 737 046

A: PO Box 1098, Ipswich, IP1 9FE

Registered in England & Wales | Company No. 6891396

Emma Hunt

MSc Physiotherapy

e-mail: emma@benholden.net



approach. Emma has experience of working with clients in both a rehabilitation setting and in the community. Emma enjoys meeting people, understanding them holistically and creating effective client centred goals. She has a good understanding of the personal injury litigation process and works with both settled and unsettled cases.

Moving and Handling

Emma is an experienced and highly skilled healthcare professional with extensive expertise in manual handling, moving and handling risk assessment, occupational health, vocational rehabilitation, physiotherapy, and case management. She has proven ability to develop, deliver, and evaluate manual handling training programmes across healthcare, community, and workplace settings.

Emma demonstrates strong knowledge of current legislation, best practice guidance, and risk management principles to ensure safe systems of work, reduce workplace injuries, and promote independence for individuals with complex physical needs.

Vocational Rehabilitation Service Lead

Emma is an experienced Vocational Rehabilitation Service Lead and physiotherapist with extensive expertise in supporting individuals with complex injuries, disabilities, and long-term health conditions to achieve meaningful and sustainable return-to-work outcomes. She is skilled in undertaking comprehensive vocational assessments, identifying barriers to employment, developing tailored rehabilitation plans, and coordinating multidisciplinary interventions to maximise independence, employability, and workplace retention. Emma has a proven ability to work collaboratively with clients, employers, insurers, solicitors, healthcare professionals, and case managers to facilitate successful vocational outcomes, workplace adjustments, and reasonable accommodations. She is committed to delivering person-centred, evidence-based vocational rehabilitation services that promote recovery, wellbeing, and long-term participation in work and community life.

Emma is keen to learn new skills and expand her existing skill set to continue to further develop her career in case management, moving and handling, and vocational rehabilitation.

Emma Hunt

MSc Physiotherapy

e-mail: emma@benholden.net



Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

Disclosure & Barring Service (DBS) – Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service.

Employment History

October 2024 – Present

Ben Holden Ltd

Case Manager, Moving & Handling Advisor, and Vocational Rehabilitation Service Lead

October 2022 – October 2024

Carolyn Archibold Case Management

Case Manager/Manual Handling Advisor

January 2021 – October 2022

Anglia Case Management

Case Manager/Manual Handling Advisor

October 2015 – December 2020

Oak Farm/Oak Court Neuro Rehabilitation Centre

Senior Neuro Physiotherapist/Manual Handling Lead

September 2018 – September 2019

NHS, Supported Care

Community Physiotherapist

December 2015 – September 2019

Private Physiotherapy Clinic

May 2015 – October 2015

Back in Motion Clinic

Lead Musculoskeletal Physiotherapist

Emma Hunt

MSc Physiotherapy

e-mail: emma@benholden.net



July 2013 – May 2015

NHS

Senior MSK Outpatients Physiotherapist

March 2014 – January 2015

Nuffield Health

Senior Triage Physiotherapist

August 2008 – June 2014

Norwich City Football Club

Girls Centre of Excellence and Women's Physiotherapist

July 2012 – July 2013

University of East Anglia – FAST Indicate Study

Senior Research Therapist

June 2010 – July 2013

Back in Motion

Musculoskeletal Physiotherapist

June 2009 – July 2012

Oak Farm Slow Stream Neuro-Rehabilitation Unit

Physiotherapist

November 2008 – July 2010

Norwich City Football Club

Boys Academy Physiotherapist

July 2000 – July 2001

Gap year travelling Australia, New Zealand, Bali and Thailand

1995 – October 2004

Various full-time positions

Personal Summary

Emma enjoys swimming, running and yoga, spending time with family and friends, and long walks on the beach with her two miniature sausage dogs.

[CLICK HERE: to Submit an Enquiry or Instruction](#)

W: [Click Here: www.benholden.net](http://www.benholden.net) | E: info@benholden.net | T: 01449 737 046

A: PO Box 1098, Ipswich, IP1 9FE

Registered in England & Wales | Company No. 6891396