

# Susan Welsh

e-mail: [sw@benholden.net](mailto:sw@benholden.net)



**Position** – Assistant Case Manager

Based near Clacton-on-Sea, Essex

[Click here](#) to watch a short video about me.



## Skills & Experience Summary

Susan has been working predominantly as a therapy assistant with individuals with brain injury since 1999. This has been across hospital inpatient, outpatient and community settings, often being involved from initial injury to rehabilitation at home. Susan has worked within multidisciplinary team settings assisting therapists with a range of programmes, including home exercises and upper limb support groups, linking with external agencies including Headway and the Stroke Association. Susan was also involved with assessing and ordering equipment for home use and carrying out therapeutic intervention as guided by the therapists.

Susan has also researched and facilitated a brain injury support group working with people looking to return to work following traumatic or acquired brain injury.

Susan has worked as a mentor with people with communication difficulties as a result of brain injury.

She has also worked for numerous years in the community providing domiciliary care for individuals requiring mechanical ventilator support.

Susan has previously worked as an assistant case manager, supporting case managers with all aspects of services to adults and children with catastrophic conditions.

## Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers.

As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

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## Disclosure & Barring Service (DBS) – Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service.

## Employment History

### January 2018 - Current

**Ben Holden Ltd**

Assistant Case Manager

### May 2013 - January 2018

**Home Instead Senior Care, Frinton-on-Sea**

Community Services Representative

### June 2012 - May 2013

**NeuroHealth Case Management Services**

Case Manager Assistant

### August 2008 - June 2012

**Barts Health NHS**

Therapy and Vocational Rehabilitation Assistant

### September 2007 - August 2008

**St Helena Hospice**

Assistant Nurse Practitioner

### February 1999 - September 2007

**Colchester General Hospital**

Neuro-Rehabilitation Assistant

## Personal Summary

Susan's greatest pleasure is spending time with her family and friends, especially her children. Family time usually means packing up the car and finding new places to visit, returning home as the sun goes down. She loves animals and has an anti-social cat, a loveable cockapoo, a guard dog dachshund and one noisy guinea pig. Susan maintains her physical fitness with daily dog walks usually on the beach and cold-water winter sea swimming.

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