

Yaasmin Gabriel

BSc (Hons) Physiotherapy

e-mail: yg@benholden.net



Position - Case Manager

Based in High Wycombe, Buckinghamshire

Professional Registration & Memberships

- British Association of Brain Injury Case Managers (BABICM) – **Membership No. 8125**
- Health and Care Professions Council (HCPC) – **Registration No. PH87165**
- Case Management Society UK (CMS UK) – **Membership No. 23-9788-A**



Skills & Experience Summary

Yaasmin is a compassionate and results-driven Case Manager with three years of direct case management experience and over 15 years in clinical roles, including neurophysiotherapy and disability assessment. Her expertise spans serious and catastrophic injuries, polytrauma, complex orthopaedic injuries and amputations.

She specialises in supporting clients with acquired and traumatic brain injuries, delivering comprehensive assessments and coordinating tailored treatment plans. Yaasmin works collaboratively with multidisciplinary teams and legal professionals, always keeping the client's goals and recovery at the heart of her approach. She is skilled in posture and spasticity management, complex discharge planning and providing essential training and support to carers.

Yaasmin is also adept at developing holistic, client-centred care plans that meet CQC standards and safeguarding protocols. In her previous role as a Disability Assessor for ATOS, she assessed individuals with a wide range of physical and mental health conditions, compiling robust reports for the Department for Work and Pensions to inform decisions on Personal Independence Payment (PIP) eligibility.

Culturally sensitive and multilingual, Yaasmin is fluent in English, Tamil and Hindi, and has a working understanding of Urdu and Malayalam enabling her to connect meaningfully with clients from diverse backgrounds.

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Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

Disclosure & Barring Service (DBS) – Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service.

Employment History

November 2025 – Present

Ben Holden Ltd

Associate Case Manager

July 2025 – Present

Key Case Management

Clinical Case Manager

May – July 2025

Coastal Case Management

Case Manager

January 2023 – January 2023

Harrison Associates

Case Manager

April 2020 – May 2025

ATOS

Disability Assessor (PIP)

June 2018 – March 2020

Maternity break

September 2015 – May 2018

Holy Cross Hospital, Haslemere, Surrey

Senior Physiotherapist

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August 2014 – July 2015

BUPA, Wingham Court, Surrey

Physiotherapist

August 2011 – July 2014

Holy Cross Hospital, Haslemere, Surrey

Physiotherapist

Personal Summary

Yaasmin enjoys spending time with her two children and has a deep passion for gospel music, both listening and singing. She loves experimenting with new recipes alongside her husband, and her garden is home to two chickens and a beautiful rabbit.

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