

# Mell Alleyne

BSc (Hons) Occupational Therapy

e-mail: [ma@benholden.net](mailto:ma@benholden.net)



## Position – Case Manager

Based near Norwich, Norfolk

## Professional Registration and Memberships

- British Association of Brain Injury Case Managers (BABICM) - **0937**
- Health and Care Professions Council (HCPC) – **Registration No. OT58401**
- Royal College of Occupational Therapy (RCOT) – **Membership No. BT0801949**



## Skills & Experience Summary

Since qualifying as an Occupational Therapist in 2008, Mell has gained considerable experience in the field of occupational therapy and case management. She spent her early career working in social services, supporting clients with equipment and adaptation needs, as well as providing a supervisory role to other qualified staff. Mell has been working as a case manager for eight years and has considerable experience in working with adults with brain injuries, spinal injuries and polytrauma.

Mell provides support to adults who have sustained complex and life changing injuries to rebuild their lives and maximise their potential for independence. Mell works with clients both pre- and post-settlement of personal injury and medical negligence awards and has a sound knowledge of the litigation process. She is experienced in report writing, preparing immediate needs assessments and regular update reports for her clients. Mell is proficient in client led goal setting and review; leading the multi-disciplinary team to work together towards goal attainment for the client.

Mell is experienced in the bespoke recruitment, management, supervision and appraisal of staff teams and is able to identify when this is the most suitable approach for a client. Mell is able to work with statutory services to explore funding available and has a good understanding of statutory processes.

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Occupational therapy intervention focused on complex equipment solutions for clients is a special interest of Mell's. Mell also has extensive experience in dealing with matters of a safeguarding nature and is able to effectively support vulnerable clients during difficult experiences.

Mell is a confident, outgoing and hardworking individual who has a strong passion for supporting people to lead an independent and fulfilling life. She has an excellent rapport with clients, families, support workers, other professionals and Solicitors. Mell has a calm and practical approach to finding solutions to complex situations.

## Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

## Employment History

### 2022 – Present

Ben Holden Limited  
Case Manager

### 2014 – 2022

Anglia Case Management  
Case Manager/Occupational Therapist

### 2012 – 2014

Norfolk County Council  
Practice Consultant Occupational Therapist

### 2008 – 2012

Norfolk County Council  
Occupational Therapist

### 2009 – 2014

University of East Anglia  
Associate Tutor – Specialist OT on Housing Adaption & Built Environment

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## **2007 – 2008**

Elizabeth Fitzroy Support

Support Worker for Adults with Learning Disabilities

## **2005 – 2007**

Prestige Nursing

Healthcare Assistant

## **2004 – 2005**

Hilton Care

Support Worker for Adults with Learning Disabilities

## **Personal Summary**

Mell enjoys cycling and going for walk, as well as occasional yoga. Mell enjoys days out and spending time with her family and socialising.

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