# **Dinuli Senaratne**

**MSc Occupational Therapy** 

e-mail: ds@benholden.net

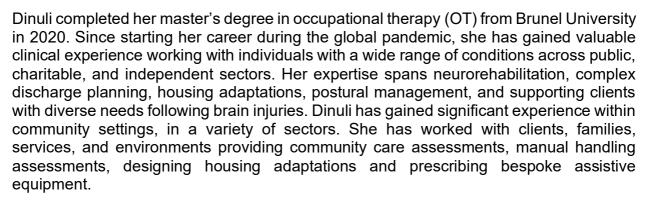
**Position - Case Manager** 

Based in Hitchin, Hertfordshire

# **Professional Registration & Memberships**

- Health & Care Professionals Council (HCPC) Registration No. OT082545
- Member of the British Association of Brain Injury Case Managers (BABICM) – Membership No. 2368588
- British Association of Occupational Therapists (BAOT)
  Membership No. BT0821654
- British Association of Hand Therapy (BAHT) Membership No. 10676
- Vocational Rehabilitation Association (VRA) Membership No. VRA2174
- Association of Occupational Health and Wellbeing Professionals (iOH)





Dinuli is skilled in conducting assessments, creating comprehensive rehabilitation plans, and producing detailed progress reports. She adopts a person-centred and holistic approach, collaborating closely with multidisciplinary teams to deliver goal-oriented rehabilitation, risk assessments, and complex discharge planning. This includes providing equipment and customising care packages for individuals transitioning from hospital to home. With experience in managing and leading rehabilitation teams, Dinuli excels in setting goals and collaboratively developing realistic, client-focused targets to achieve optimal outcomes.

Dinuli has a specialist interest in hand therapy and upper limb rehabilitation, focusing on restoring function and improving quality of life for individuals with complex hand and upper limb conditions. She has extensive experience in conducting functional upper limb assessments, prescribing assistive devices, and developing bespoke rehabilitation plans for clients with neurological and musculoskeletal impairments.





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To further enhance her expertise in this field, Dinuli is actively expanding her knowledge through advanced training in hand therapy and upper limb rehabilitation. She is also deepening her expertise in the management of complex and traumatic hand injuries and acupuncture. As part of her commitment to professional growth, she is currently undertaking MSc modules in Hand Therapy in Practice and Current Concepts in Upper Limb Rehabilitation, allowing her to integrate the latest evidence-based research and therapeutic approaches into her clinical practice.

Before transitioning to occupational therapy, Dinuli had a successful career in human resources (HR), where she gained a master's degree in HR Development and Consultancy, and CIPD qualification. Dinuli therefore brings additional expertise in team management, recruitment, training, change management and leadership, which is particularly beneficial and relevant to her role as a case manager. Her previous experience as a HR advisor strengthens her ability to recruit, train, and support staff teams effectively, ensuring they are equipped to provide high-quality, client-centred care.

Dinuli is passionate about empowering clients to engage in meaningful activities that promote their functional recovery and overall well-being. Whether through direct therapy or multidisciplinary collaboration, she focuses on delivering tailored, solution-focused interventions. Dinuli is a calm, confident, and a dedicated professional who builds strong relationships with clients, families, and multidisciplinary teams to ensure high standards of care. She is passionate about supporting clients to achieve what matters to them and works hard to ensure the care and support they receive is tailored specifically to their needs. She thrives when working as part of a dedicated team, collaborating, delegating, and supporting others towards a common goal of rehabilitation. As a multicultural individual, Dinuli brings a unique cultural understanding, being fluent in English, French, and Sinhalese. She brings exceptional communication skills and a holistic approach to her practice, ensuring quality outcomes and client satisfaction. Her dual expertise in OT and HR, uniquely positions her to provide inclusive, compassionate, effective, and well-structured case management.

## **Continuous Professional Development (CPD)**

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

#### Disclosure & Barring Service (DBS) - Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service.

W: Click Here: www.benholden.net | E: info@benholden.net | T: 01449 737 046

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# **Clinical Employment History**

# January 2025 - Present

Ben Holden Ltd Case Manager

#### October 2024 - November 2024

North Middlesex University Hospital NHS Trust Band 7 Locum Community Neurological Occupational Therapist

### May 2024 - October 2024

**Brainkind** 

Senior Specialist Occupational Therapist

#### August 2023 - Present

**Central London Community Healthcare NHS Trust** 

Freelance Band 7 Neurological, Rehabilitation, and Community Occupational Therapist

## **February 2024 – March 2024**

**Design for Independence** Housing Occupational Therapist

## September 2023 – January 2024

The OT Practice

**Associate Occupational Therapist** 

#### **December 2022 – August 2023**

Central London Community Healthcare NHS Trust Neurological and Rehabilitation Occupational Therapist

#### October 2020 - June 2022

Royal Free Hospital, London Rotational Occupational Therapist

#### **Personal Summary**

Dinuli likes spending time in nature and practising meditation. She enjoys active hobbies such as dancing, climbing, swimming, hiking, netball, badminton, and squash. As cofounder of 'StartingOuT', she supports newly qualified occupational therapists in their career development. She is also an avid reader and cook. As a qualified massage therapist, she integrates her clinical skills in holistic massage and hand therapy.

CLICK HERE: to Submit an Enquiry or Instruction