

Dinuli Senaratne

MSc Occupational Therapy

e-mail: ds@benholden.net



Position - Case Manager

Based in Hitchin, Hertfordshire

Professional Memberships

- Health & Care Professionals Council (HCPC) – **Membership No. OT082545**
- Member of the British Association of Brain Injury Case Managers (BABICM) – **Membership No. 2368588**
- British Association of Occupational Therapists (BAOT) – **Membership No. BT0821654**
- British Association of Hand Therapy (BAHT) – **Membership No. 10676**
- Vocational Rehabilitation Association (VRA) – **Membership No. VRA2174**
- Association of Occupational Health and Wellbeing Professionals – (iOH)



Skills & Experience Summary

Dinuli completed her master's degree in occupational therapy (OT) from Brunel University in 2020. Since starting her career during the global pandemic, she has gained valuable clinical experience working with individuals with a wide range of conditions across public, charitable, and independent sectors. Her expertise spans neurorehabilitation, complex discharge planning, housing adaptations, postural management, and supporting clients with diverse needs following brain injuries. Dinuli has gained significant experience within community settings, in a variety of sectors. She has worked with clients, families, services, and environments providing community care assessments, manual handling assessments, designing housing adaptations and prescribing bespoke assistive equipment.

Dinuli is skilled in conducting assessments, creating comprehensive rehabilitation plans, and producing detailed progress reports. She adopts a person-centred and holistic approach, collaborating closely with multidisciplinary teams to deliver goal-oriented rehabilitation, risk assessments, and complex discharge planning. This includes providing equipment and customising care packages for individuals transitioning from hospital to home. With experience managing and leading rehabilitation teams, Dinuli ensures adherence to best practices and statutory guidelines. She also excels in setting goals and collaboratively developing realistic, client-focused targets to achieve optimal outcomes. With expertise in producing clear, concise reports and actionable rehabilitation plans, Dinuli ensures that recommendations are effectively implemented.

Before transitioning to OT, Dinuli had a successful career in human resources (HR), where she gained a master's degree in HR Development and Consultancy, and CIPD qualification. Dinuli therefore brings additional expertise in team management,

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recruitment, training, change management and leadership, which is particularly beneficial and relevant to her role as a case manager. Her previous experience as an HR advisor strengthens her ability to recruit, train, and support staff teams effectively, ensuring they are equipped to provide high-quality, client-centred care.

Dinuli is passionate about empowering clients to engage in meaningful activities that promote their functional recovery and overall well-being. Whether through direct therapy or multidisciplinary collaboration, she focuses on delivering tailored, solution-focused interventions.

Dinuli is a calm, confident, and a dedicated professional who builds strong relationships with clients, families, and multidisciplinary teams to ensure high standards of care. She is passionate about supporting clients to achieve what matters to them and works hard to ensure the care and support they receive is tailored specifically to their needs. She thrives when working as part of a dedicated team, collaborating, delegating, and supporting others towards a common goal of rehabilitation. As a multicultural individual, Dinuli brings a unique cultural understanding, being fluent in English, French, and Sinhalese. She brings exceptional communication skills and a holistic approach to her practice, ensuring quality outcomes and client satisfaction. Her dual expertise in OT and HR, uniquely positions her to provide compassionate, effective, and well-structured case management.

Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

Disclosure & Barring Service (DBS) – Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service.

Clinical Employment History

January 2025 – Present

Ben Holden Ltd
Case Manager

October 2024 – November 2024

North Middlesex University Hospital NHS Trust
Band 7 Locum Community Neurological Occupational Therapist

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May 2024 – October 2024

Brainkind

Senior Specialist Occupational Therapist

August 2023 – Present

Central London Community Healthcare NHS Trust

Freelance Neurological, Rehabilitation, and Community Occupational Therapist

February 2024 – March 2024

Design for Independence

Housing Occupational Therapist

September 2023 – January 2024

The OT Practice

Associate Occupational Therapist

December 2022 – August 2023

Central London Community Healthcare NHS Trust

Neurological and Rehabilitation Occupational Therapist

October 2020 – June 2022

Royal Free Hospital, London

Rotational Occupational Therapist

Personal Summary

Dinuli enjoys meditation, dancing, climbing, swimming, hiking, netball, badminton, and squash. She is fluent in English, French and Sinhalese. As co-founder of 'StartingOut', she supports newly qualified occupational therapists in their career development. She is also an avid reader and cook. As a qualified massage therapist, she enjoys practising and developing her skills in holistic massage and hand therapy.

[CLICK HERE: to Submit an Enquiry or Instruction](#)

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