

# Christine Waites

DipSW

e-mail: [christine@benholden.net](mailto:christine@benholden.net)



**Position** - Case Manager, Social Worker and former Registered Nurse (Learning Disabilities)  
Based near Ipswich, Suffolk

## Professional Memberships

- Social Work England – **Membership No. SW54182**
- British Association of Brain Injury Case Managers (BABICM) – **Membership No. 3790**



## Skills & Experience Summary

Christine is a qualified Social Worker and former Registered Nurse (Learning disabilities) who has been an active and qualified professional since 1987.

Christine has worked in Case Management since 2018 and in that time has supported a number of clients with complex traumatic brain injury and associated learning disabilities, mental health issues, autism, dementia and behaviours which could challenge. Christine established rehabilitation programmes and coordinated multi professional teams working alongside care teams including agencies and directly employed personnel.

Christine has considerable experience working with families and support networks to develop and implement comprehensive rehabilitation programmes and plans for longer term support needs. She promotes and champions a collaborative approach based on capacity and agreement, to ensure person-centred and holistic outcomes.

Christine has spent her substantiable career working across a number of social care and health settings and gained significant experience relevant to case management. This has included generic social work and specialist nursing which involved complex case work with adults who have brain injury, learning disabilities, physical disabilities, neurological and long-term health conditions, addiction, mental health issues, hearing loss, deaf communities, and those with aging needs and dementia. She has worked in semi-secure hospital settings and has knowledge and experience of developing positive behaviour support plans and strategies around behaviour which can be challenging.

Christine most enjoys working with vulnerable adults in the community and she is highly experienced with supporting clients to live as independently as possible whilst maximising

their strengths and abilities. Christine is skilled in supporting clients to identify goals and ambitions and developing plans for achievement. This is supported by her sound knowledge and experience of 'Person-Centred Planning' and utilising associated tools.

Christine also has considerable knowledge and experience regarding Care Act assessments and reviews, adult safeguarding investigations, and Mental Capacity assessments. Examples of her assessments have included areas such as managing finances, consent to treatment, accommodation and tenancy arrangements. Christine has also worked as a senior manager in a care agency and has extensive experience in supporting capacity in respect of everyday decisions, care planning and managing complex risks. She also has extensive experience of recruiting, developing and managing support teams which promote personalised care, and maximise choice and control for clients.

Christine also has knowledge and experience of successfully supporting adults to move from long stay hospitals and large residential homes into community settings. She has worked with continuing health care assessors to secure joint funding arrangements with social care and secured personal budgets which enable choice and flexibility for support arrangements.

### **Continuous Professional Development (CPD)**

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD folder. All staff are subject to regular supervision and mentoring sessions.

### **Disclosure & Barring Service (DBS) – Enhanced Certificate**

**DBS Certificate No – 001753615888**

To remain up to date and enable regular annual rechecks, our team members are all registered with the online Update Service.

**Update Service ID – C8560717258**

### **Employment and Professional History**

**November 2021 - Current**

**Ben Holden Ltd**

Associate Case Manager

**April 2018 – August 2021**  
**Anglia Case Management**  
Case Manager

**September 2014 – April 2018**  
**Essex County Council**  
Senior Practitioner – Increasing Independence Team

**May 2014 – September 2014**  
**Essex County Council**  
(Agency) Senior Practitioner – Generic Adults Team

**September 2014 – November 2014**  
**Self-employed**  
Consultant for Long Term Health Conditions Enterprise – seeking funding with London Boroughs

**September 2005 – July 2013**  
**United Response**  
Area Manager for Suffolk and Essex (managing supported living and registered homes, and community opportunities for people with learning disabilities)

**October 1999 – September 2005**  
**Essex County Council (joint team with PCT)**  
Operational Development Manager/Senior Social Worker/Social Worker  
Transformation of Learning Disability Services and hospital closure

**August 1990 – October 1999**  
**Local Health Partnerships NHS and Allington NHS Trusts**  
Senior Care Coordinator (Learning Disabilities Services)

**November 1985 – January 1988**  
**East Suffolk Health Authority**  
Qualified Nurse (Learning Disabilities) - Hospital Setting

## **Personal Summary**

Christine loves the countryside and enjoys long walks with her dogs. Christine also enjoys gardening and has recently begun growing some fruit and vegetables in her small green house and veggie patch. Christine also enjoys spending time with her family and friends and cooking them meals with the produce from her garden. Christine follows her local football team and likes to travel and to read a variety of fictional and non-fictional books.

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