

Maria (Wai Bee) Giddings

RGN

e-mail: mg@benholden.net



Position – Case Manager

Based in east Kent

Professional Memberships

- Nursing & Midwifery Council NMC (88C01420)
- Member of the British Association of Brain Injury Case Managers (BABICM)



Skills & Experience Summary

Since qualifying as a nurse, Maria has accumulated over 30 years of extensive clinical and senior management experience both in the NHS and the private sector. She has provided clinical expertise and professional leadership to other multi-disciplinary team members as well as working independently to complete and produce patient needs reports.

She is a highly experienced case manager, having worked extensively with clients who had suffered a range of injuries, including catastrophic and life changing injuries, those resulting from traumatic accidents or clinical negligence, and those suffering with long term conditions. She is highly skilled in areas of management assessment, from completing an immediate needs assessment through to supporting clients and their families to identify realistic and or achievable goals. She works alongside the existing available support services and also researches for relevant resources to help the clients achieve those goals.

In the early years working with the NHS, Maria worked as ward sister in Potters Bar Hospital rehabilitation ward in 1994. She then joined Edgware Community Hospital in 1996 as a Senior Nurse Co-ordinator in a nurse led unit. Besides managing a team of highly skilled nurses, she also utilised her clinical skills to assess patients on admission and worked within agreed protocols for ordering blood tests and x-ray investigations where necessary.

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From 2005, Maria managed a team of clinical case managers at a London based case management and rehabilitation company for four years. She provided clinical support and advice to other case managers and maintained relationships with key stakeholders. She was also responsible for the sales and marketing activity for the company.

In 2009, Maria re-joined the NHS, working as a stroke co-ordinator. A highly specialist practitioner in the management of stroke patients and their families, she worked collaboratively with the treating therapists, medical teams, social services and doctors in the rehabilitation of patients.

From 2015, Maria led a team of nurse assessors that carried out detailed health needs assessments and provided case management to those patients who met the criteria for NHS funding in the community and in nursing homes or other settings. She has detailed understanding of the National Framework for NHS Continuing Health Care and practical experience of working within the guidelines. Maria has undertaken Mental Capacity Assessments, facilitated best interest meetings, made care needs plans and completed paperwork for the Court of Protection to apply for Deprivation of Liberty Safeguards. Maria has produced witness statements and worked closely with clients, their representatives, local authorities and respective solicitors where there were Section 21a challenges.

During her career, Maria has completed nursing expert witness reports in the areas of negligence and care.

Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

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Employment History

August 2024 – present

Ben Holden Ltd

Associate Case Manager

January 2024 – August 2024

Career Break

November 2022 – January 2024

ICB NHS Kingston & Richmond

Head of Continuing Healthcare

September 2022 – November 2022

Career Break

2015 – September 2022

Whittington Health NHS

Lead Nurse Continuing Healthcare (Haringey & Islington)

2009 – 2015

Grays Court Community NHS Hospital, Barking & Dagenham

Stroke Co-ordinator /Nurse Specialist

2004 – 2008

Kynixa Ltd - Independent Rehabilitation and Case Management Provider, London
Service Manager

2001 – 2004

Columbia Asia Nursing and Rehabilitation Centre, Malaysia

Hospital Administrator/ Manager

1997 – 2000

Edgware Community Hospital, Edgware

Senior Nurse Co-ordinator

1993 – 1997

Potters Bar Community Hospital, Potters Bar

Ward Sister

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1988 – 1993

St Stephen's Hospital, Barnet
Staff Nurse

1985 – 1988

Neuro Intensive Unit, Kuala Lumpur General Hospital, Malaysia
Staff Nurse

1982 – 1985

Paediatric Ward, Seremban, Malaysia
Staff Nurse

Personal Summary

Maria enjoys gardening, reading, walking her lively cocker spaniel (Monty) and trying out new recipes. She likes singing and has recently joined the local community choir.

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