

Mandy Kelly

BOccThy, CertAppErgonomics, DTOT

e-mail: mk@benholden.net



Position - Case Manager and Occupational Therapist (OT)

Based near Epsom, Surrey

Professional Memberships

- Member of the British Association of Brain Injury Case Managers (BABICM) – **Membership No. 3910**
- Royal College of Occupational Therapy (RCOT) – **Membership No. BT022529**
- Health and Care Professions Council (HCPC) – **Membership No. OT30854**



Skills & Experience Summary

Mandy qualified as an OT in Australia in 1992 and has worked in the fields of; case management, mental health, vocational rehabilitation and occupational health in public and private sectors in both Australia and the United Kingdom.

Mandy specialises in working with adults with multiple health conditions including mental health issues, brain injuries, spinal injuries, sensory disabilities, musculoskeletal and long-term neurological conditions. Her focus is on understanding an individual's current function in all aspects of their lives and working with them to optimise function and performance in home tasks, in work opportunities and in leisure pursuits.

Mandy started her career in inpatient and community psychiatry and moved into tertiary rehabilitation to assist individuals with multiple conditions to return to meaningful productivity and work. She developed her skills in functional capacity evaluation and ergonomic assessment whilst in Australia.

In the UK, Mandy used her skills to develop new occupational therapy services within NHS and private mental health facilities. She then developed the innovative occupational therapy service within an occupational health service for a government owned business in London. Mandy became the lead occupational therapist for this service, managing the service and providing clinical supervision to the team.

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Mandy then became the Head of Professional Services for a rehabilitation provider, again providing clinical supervision for a multidisciplinary team of clinical and vocational case managers, developing the service and project managing the international CARF accreditation process.

In 2010, Mandy started her independent occupational therapy practice and since this time has case managed and assessed individuals with physical disabilities, long-term neurological conditions, sensory disabilities, learning difficulties, cognitive deficits and mental illnesses. Mandy has skills in functional capacity evaluation, ergonomic assessments, cognitive assessment, neuro-linguistic programming (NLP), driving assessment and rehabilitation, as well as clinical governance including supervision of staff, training and policy development.

Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

Disclosure & Barring Service (DBS) – Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service

Employment History

October 2018 - Current
Associate Case Manager
Ben Holden Ltd

February 2010 - Current
Owner/Occupational Therapist/Case Manager
Work Productivity Solutions Ltd

February 2006 - January 2010
Head of Professional Services
Kynixa Ltd

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January 2001 - January 2006

Principal Occupational Therapist/Senior Occupational Therapist

Atos Origin Occupational Health/Royal Mail

July 1999 - January 2001

Locum Senior Occupational Therapist

Various NHS and Private Mental Health Clinics

April 1994 - January 1999

Case Manager/Occupational Therapist

CRS Australia

March 1993 - April 1994

Occupational Therapist

Hobson Park Psychiatric Hospital

Other Memberships

- RCOT Specialist Section – Work (RCOTSS-Work)
- RCOT Specialist Section – Independent Practice (RCOTSS-IP)
- Information Commissioners Office (ICO)

Personal Summary

Mandy enjoys having adventures with her young family and spending time with friends. She enjoys travelling and experiencing new cultures, foods and environments. Mandy is a keen swimmer and cyclist (not such a keen runner!) but despite this she completed the London Triathlon in 2009 and 2015. She has now started up her training again for the next triathlon season.

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