

Kirsten Taylor-Brown

BSc Physiotherapy



e-mail: ktb@benholden.net

Position - Case Manager and Registered Physiotherapist

Based in Newmarket, Suffolk



Professional Memberships

- Member of the National Back Exchange (NBE) and East Anglian region division
- Member of the British Association of Brain Injury Case Managers (BABICM) 7393
- Member of the Health and Care Professions Council (HCPC) PH113459
- Member of Chartered Society of Physiotherapists (CSP) 102431

Skills & Experience Summary

Kirsten is a skilled and experienced Physiotherapist, and Case Manager. Her experience has largely been built around providing bespoke services for young people and adults with complex Neurological conditions, including Cerebral Palsy and Traumatic Brain Injuries, in both settled and unsettled cases.

Kirsten also has experience in providing Case Management for clients with a variety of other needs, from people with orthopaedic injuries to people with minimal cognitive needs, who need a light-touch approach.

Kirsten began her career in healthcare working as a support worker. She then studied Physiotherapy at the University of East Anglia, where she achieved a 1st Class Honours Degree and received grants for high performance.

After graduating, Kirsten worked at Addenbrookes Hospital as a rotational Physiotherapist. After building experience and skills in the various departments in Addenbrookes, Kirsten specialised in working in the community with young people and adults with Neurological and Genetic conditions alongside Profound and Multiple Learning Disabilities.

Kirsten single-handedly developed and delivered the Physiotherapy service at a residential service for young people with Neurological Disabilities and began building her experience in training support staff and line-managing therapy staff. She also has qualifications and experience in developing and delivering care-based training to support staff and families, including Moving and Handling training, and training in undertaking delegated Physiotherapy tasks.

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Kirsten has an excellent working knowledge of specialist equipment and services often required by people with complex physical needs and learning disabilities, and she has experience in developing and managing care packages.

She is passionate about achieving the optimal quality of life of people with the most complex physical presentations through setting meaningful goals with an inter-disciplinary team and is known for her personal and friendly approach as well as her efficiency and thorough risk management and planning.

Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

Disclosure & Barring Service (DBS) – Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service

Education History

Ross High School 2001-2005:

9 standard grades passed with 6 grade 1 and 3 grade 2.

Jewel and Esk Valley College 2001-2003:

Health, Fitness and Nutrition: HNC with distinction.

Wiltshire College 2013-2014:

Access to Health and Social Care level 3: distinction.

University of East Anglia 2014-2017:

BSc Physiotherapy: first class honours Degree

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Employment History

October 2023 – Present
Ben Holden Ltd
Associate Case Manager

January 2021 – September 2023
Anglia Case Management
Case Manager

November 2018 – December 2021
The Aurora Group
Physiotherapist

July 2017 – November 2018
Cambridge University Hospital
Physiotherapist

July 2011 – April 2017
Various roles as a Support Worker before and during university training

Personal Summary

Kirsten has a range of hobbies and interests from anthropology, pottery, hiking, antiques, running, weightlifting and swimming, to house plants, live music and crochet. She enjoys socialising, and cooking with her husband. Kirsten has two spoilt Cavapoos and a rescue cat.

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