

Lara Breaker-Rolfe

BSc (OT), OTR/L



e-mail: lbr@benholden.net

Position - Case Manager and Registered Occupational Therapist

Based in Chelmsford, Essex

Professional Memberships

- Health and Care Professional Council (HCPC) – **Registration No. OT43445**
- British Association of Brain Injury and Complex Case Management (BABICM) - **Membership No. 8370**
- British Association of Occupational Therapists (BAOT) – **Member No. BT0238444**
- Information Commissioners Office (ICO) - **Registration reference: ZB576528**
- Sensory Integration Network – **Registration No. 238558**



Skills & Experience Summary

Lara qualified as an Occupational Therapist from the University of Newcastle (Australia) in 2002 and since then, has gained extensive experience in the field of paediatrics. She has worked in clinical roles, in health, education and private sectors in the UK since 2005 and managed a multidisciplinary team, comprised of clinical and administrative staff, whilst also working as a clinical lead and supervisor.

During her career, Lara has gained a wealth of experience working with children and young people with complex needs, and their families. Her experience spans a variety of neurodevelopmental disorders, including Cerebral Palsy, Autistic Spectrum Disorder, Attention Deficit Disorders, Epilepsy, motor disorders, Foetal Alcohol Spectrum Disorders, vision/hearing impairments and neurogenetic disorders. She also has a special interest in working with autistic and adopted or looked after children, with post-graduate training/qualifications in sensory integration, sensory attachment, and autism diagnosis.

Lara has extensive experience in working with other services, including health, education, and social care, and strives to work collaboratively with them, opening channels for communication and maximizing opportunities for quality outcomes for the client.

Lara works with clients and their families both pre- and post- settlement of personal injury and medical negligence awards. She is involved in all aspects of case management and is experienced in the coordination of services and professional teams.

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She is a calm, confident and determined individual who has a strong passion for promoting independence and quality of life. She develops an excellent rapport with clients, families, support workers and other professionals, and offers flexibility and a considered approach to problems, to find the right solutions.

Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

Disclosure & Barring Service (DBS) – Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service

Education History

2010-2012
Advanced Sensory Integration Practitioner
Cardiff University

1999-2002
Bachelor of Science (Occupational Therapy)
University of Newcastle, Australia

1997-1998
Bachelor of Science
University of Queensland, Australia

Employment History

April 2008 - June 2023
Director, Lead Paediatric Occupational Therapist
Beanstalk Children's Therapy

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Jun 2005- June 2008
Senior 1 Paediatric Occupational Therapist
North East Essex Primary Care Trust

Aug 2003 - May 2005
Paediatric Occupational Therapist
Education Queensland (Australia)

2003
Princess Alexandra Hospital (Australia)
Locum Occupational Therapist

2003
Locum Occupational Therapist
Murwillumbah Hospital (Australia)

Personal Summary

Lara moved to the UK from Australia in 2005, initially on a working holiday visa, but ended up staying on to gain permanent residency. Since then, she has travelled around the UK and Europe, sightseeing with both friends and family.

Lara enjoys going out for dinner or a coffee and walking her dog. She loves swimming and going to the seaside. She also loves spending time with her family, with most weekends filled with activities to entertain her two boys.

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