

# Lisa Goudy

BSc (Hons) OT

e-mail: [lg@benholden.net](mailto:lg@benholden.net)



**Position** – Senior Case Manager and Occupational Therapist (OT)

Based in Stowmarket, Suffolk

## Professional Memberships

- Advanced member of the British Association of Brain Injury Case Managers (BABICM) – **Membership No. 1092**
- Royal College of Occupational Therapy (RCOT)
- Health and Care Professions Council (HCPC) – **Membership No. OT24576**



## Skills & Experience Summary

Since qualifying as an OT in 1995 Lisa has gained a wealth of experience in clinical and senior managerial roles both in the NHS and private settings.

During her career she has gained a wealth of experience managing complex caseloads. Her experience spans a variety of diagnoses and clinical settings such as neurorehabilitation (TBI, disorders of consciousness, spinal injury and progressive neurological conditions) orthopaedic rehabilitation (amputation, trauma injuries, planned surgery), psychiatry (acute and chronic diagnoses), day services for individuals with neurodevelopmental disorders and palliative care.

She provided assessment, goal orientated rehabilitation and complex discharge planning which included equipment provision and tailoring care packages to those aiming to return home from their admission.

During her NHS career she provided senior clinical support and supervision and was the OT clinical lead at the stroke unit in Finchley Memorial Hospital, London and provided rehabilitation clinical support at Potters Bar Community Hospital. She completed the Certificate and Diploma in Management Studies (DMS) at Barnet College and also the D32 and D33 NVQ Assessor Award in Health Care and assessed NVQ level 2 and 3 students.

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In 2003 Lisa took a case management position at a London based case management and rehabilitation company. She assumed lead role for OT within the company, providing clinical support and advice to other case managers and maintaining relationships with all the key stakeholders. She carried out functional assessments and immediate needs assessments of people who had suffered catastrophic and life changing injuries, travelling the country to do so. She was also responsible for the sales and marketing activity for the company. Following a career break to raise her family, Lisa joined Ben Holden Ltd resuming her position as a highly skilled case manager in 2015.

Lisa continues to manage a caseload of complex injuries working under both single and joint instruction during litigation and with Court of Protection teams post-settlement.

She is highly experienced in providing quality immediate needs assessments, tailoring comprehensive goal orientated rehabilitation, monitoring progress and adapting the rehabilitation to change.

Lisa has comprehensive knowledge about directly recruiting and managing support staff in both small and large support teams.

She currently holds a position on the senior clinical management team at Ben Holden Ltd and is a clinical mentor for other team members. Lisa regularly presents as part of Ben Holden Ltd's schedule of internal training and has also presented as a guest speaker at conference.

She is currently in the process of enhancing her career further by undertaking training in functional capacity evaluation and becoming an advanced practitioner with BABICM.

Outside of Ben Holden Ltd, Lisa provides medico-legal expert reports in the areas of Care, Occupational Therapy and Equipment reports.

## Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

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## Employment History

### September 2015 – Current

Senior Case Manager – Occupational Therapist  
Ben Holden Ltd

### June 2007 –September 2015

Career Break to have a family

### December 2002 – June 2007

Kynixa Ltd - Independent Rehabilitation and Case Management Provider, Ealing  
London

Occupational Therapist and Senior Case Manager

### August 1997 – December 2002

Barnet NHS Trust, London – Incorporating Edgware Community Hospital,  
Finchley Memorial Hospital and Potters bar Community Hospital

Senior II then Senior I Occupational Therapist – Psychiatry, Neuro Rehab (Stroke),  
Orthopaedics, General Medicine

### September 1995 – August 1997

Salisbury District Hospital, Salisbury, Wiltshire

Occupational Therapist - Neuro Rehab (ABI) Spinal Injury, Burns and Plastics

## Other Memberships

- Eastern Region Brain Injury Forum (ERBIF)

## Personal Summary

In her spare time Lisa is a keen horsewoman and enjoys riding her horse 'Smurf'. She also has a young son and new puppy that keep her busy.

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