

Ben Holden

b app sc (occ therapy)

e-mail: bh@benholden.net



Position

Managing Director/Case Manager and Occupational Therapist (OT)
Based near Ipswich, Suffolk

Professional Memberships

- Advanced member of the British Association of Brain Injury Case Managers (BABICM) – **Membership No. 0350**
- Royal College of Occupational Therapy (RCOT) – **Membership No. BT0238230**
- Health and Care Professions Council (HCPC) – **Membership No. OT46003**



Skills & Experience Summary

Ben qualified as an OT in Australia in 1998 and has worked in all areas of the rehabilitation process: intensive care, inpatient, outpatient, transitional living, community, vocational and case management. He has worked in the public and private sectors in Australia and the UK. Ben specialises in working with adults with traumatic brain injury (TBI) but also has experience with other conditions including amputations and polytrauma.

He started his career on a TBI rehabilitation unit in Sydney in 1999, later working as a Case Manager in Sydney in 2002. Ben's caseload in the Australian private sector consisted mostly of brain injury case management supplemented with vocational rehabilitation in the state and federal workers' compensation schemes. He also regularly completed expert witness work in Australia and provided expert testimony in the Supreme Court of New South Wales.

In the UK, Ben initially held a permanent Neuro-OT position at management level on an NHS inpatient neurological rehabilitation centre of excellence in London, supervising many professional staff and assistants. Following this, he worked with a private brain injury case management company in Suffolk.

Ben's case load now tends to be comprised of young adult males with TBI with the most complex of presentations including: extremely challenging neuro-behaviours, mental health issues and complex cognitive impairment.

Since starting the company in 2009, he has maintained a caseload of catastrophic cases, in addition to the role of Managing Director.

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Ben has provided professional services internationally in: Australia, Northern Ireland, Jersey, Guernsey, Alderney, Lithuania, Greece, France, Poland and the Czech Republic. In particular, Ben has a well-established and trusted network of clinical contacts based in Poland.

Continuous Professional Development (CPD)

To maintain high standards of service by our team members, Ben Holden Ltd provides regular in-house training and attendance of annual statutory and mandatory refreshers. As part of CPD, members regularly attend external events/courses and maintain a personal CPD Folder. All staff are subject to regular supervision and mentoring sessions.

Disclosure & Barring Service (DBS) – Enhanced Certificate

To remain up to date and enable regular annual rechecks our team members are all registered with the online Update Service

Employment History

April 2009 – Current

Ben Holden Ltd – Suffolk, UK

Managing Director/Case Manager/Occupational Therapist

December 2007 – May 2009

Anglia Case Management – Suffolk, UK

Brain Injury Case Manager & OT

May 2006 – November 2007

Homerton Hospital Foundation NHS Trust - Hackney, London, UK

Regional Neurological Rehabilitation Unit

Permanent Band 7 OT

March 2006 – May 2006

Wandsworth Primary Care NHS Trust - Roehampton, London, UK

Queen Mary's Hospital

Inpatient Neuro Rehabilitation Ward, Locum OT

February 2002 – January 2006

Accent Rehabilitation Service - Sydney, Australia

Brain Injury Case Manager & OT

January 1999 – January 2002

South Western Sydney Area Health Service - Sydney, Australia

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Liverpool Hospital, Brain Injury Rehabilitation Unit
Rotational OT

Other Memberships

- Member of Glyndebourne
- Friend+ of Royal Opera House - Covent Garden
- Member of English National Opera
- Member of The Listed Property Owners' Club

Personal Summary

Ben enjoys living in rural England, spending time with family and friends, long walks with the dog, yoga, fine wine and vegan food, gardening, travelling, cryptocurrencies and drinking green tea. He is keen on the outdoors, developing communities, being green and taking part in the occasional peaceful protest! Ben has a unique taste in music from experimental electronic to classical. He can often be found at the opera or trekking in the mountains.

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