

Christine Waites DipSW RN(LD)

Case Manager, Social Worker and Registered Nurse (Learning Disabilities)

Based in Ipswich, Suffolk e-mail: christine@benholden.net

Skills & Experience Summary

Christine is a qualified Social Worker and Registered Nurse (Learning disabilities) who has been an active and qualified professional since 1987.

Christine has worked in Case Management since 2018 and in that time has supported a number of clients with complex traumatic brain injury and associated learning disabilities, mental health issues, autism, dementia and behaviors which could challenge. Christine established rehabilitation programs and coordinated multi professional teams working alongside care teams including agencies and directly employed personnel.

Christine has considerable experience working with families and support networks to develop and implement comprehensive rehabilitation programs and plans for longer term support needs. She promotes and champions a collaborative approach based on capacity and agreement, to ensure person centered and holistic outcomes.

Christine has spent her substantiable career working across a number of social care and health settings and gained significant experience relevant to case management. This has included generic social work and specialist nursing which involved complex case work with adults who have brain injury, learning disabilities, physical disabilities, neurological and long-term health conditions, addiction, mental health issues, hearing loss, Deaf communities, and those with aging needs and dementia. She has worked in semi secure hospital settings and has knowledge and experience of developing positive behavior support plans and strategies around behavior which can be challenging.

Christine most enjoys working with vulnerable adults in the community and she is highly experienced with supporting clients to live as independently as possible whilst maximising their strengths and abilities. Christine is skilled in supporting clients to identify goals and ambitions and developing plans for achievement. This is supported by her sound knowledge and experience of 'Person Centered Planning' and utilising associated tools.

Christine also has considerable knowledge and experience regarding Care Act assessments and reviews, adult safeguarding investigations, and Mental Capacity assessments. Examples of her assessments have included areas such as managing finances, consent to treatment, accommodation and tenancy arrangements. Christine has also worked as a senior manager in a care agency and has extensive experience in supporting capacity in respect of everyday decisions, care planning and managing complex risks.

Christine also has knowledge and experience of successfully supporting adults to move from long stay hospitals, and large residential homes into community settings. She has worked with continuing health care assessors to secure joint funding arrangements with social care and secured personal budgets which enable choice and flexibility for support arrangements.

Professional Memberships

- Social Work England
- British Association of Brain Injury Case Managers
- British Association of Social workers

Employment and Professional History

November 2021 - Current

Ben Holden Ltd

Associate Case Manager

April 2018 – August 2021

Anglia Case Management

Case Manager

September 2014 – April 2018

Essex County Council

Senior Practitioner – Increasing Independence Team

May 2014 – September 2014

Essex County Council

(Agency) Senior Practitioner – Generic Adults team

September 2014 – November 2014

Self-employed

Consultant for Long Term Health Conditions Enterprise – seeking funding with London Boroughs

September 2005 – July 2013

United Response

Area Manager for Suffolk and Essex (Managing Supported Living and Registered homes, and community opportunities for people with Learning Disabilities)

October 1999 – September 2005

Essex County Council (joint team with PCT)

Operational Development Manager/ Senior Social Worker/Social Worker
Transformation of Learning Disability Services and hospital closure

August 1990 – October 1999

Local Health Partnerships NHS and Allington NHS Trusts

Senior Care Coordinator (Learning Disabilities Services)

November 1985 – January 1988

East Suffolk Health Authority

Qualified Nurse (Learning Disabilities) Hospital Setting

Associations Professional Memberships

HCPC – Social Work England

BASWA – British Association of Social Workers

Personal Summary

Christine loves the countryside and enjoys long walks with her dogs. Christine also enjoys gardening and has recently begun growing some fruit and vegetables in her small green house and veggie patch. Christine also enjoys spending time with her family and friends and cooking them meals with the produce from her garden. Christine follows her local football team and likes to travel and to read a variety of fictional and non-fictional books.