

## **Dennis Paine** Ba Hons Social Science (Social Work)

Associate Case Manager & Social Worker

Based in Colchester

email: [dp@benholden.net](mailto:dp@benholden.net)

### **Skills & Experience Summary**

Prior to joining Ben Holden Ltd, Dennis worked at Essex County Council for over 13 years in several roles ranging from Social Worker, Senior Social Worker and finally Team Manager for the learning disabilities and autism team in Mid Essex.

Throughout his career at the Local Authority, Dennis managed a varied and complex case load of adults with disabilities including physical, learning, neurological and brain injury.

Dennis most enjoys working with vulnerable adults in the community and he is highly experienced with supporting clients to live as independently as possible via his refined skills managing complex care and support packages.

Dennis has extensive knowledge and skills regarding Mental Capacity assessments, involving a variety of decisions, such as treatment, accommodation, care and perceived unwise lifestyle choices. He also has many years of experience with Care Act assessments and reassessments and Care Act Section 42 safeguarding concerns and enquires.

Dennis also has knowledge and experience of supporting adults from long stay hospitals, which has required social care reports and as well as supporting clients via the continuing healthcare process, enabling safe discharge from hospital and continued rehabilitation in the community.

Since joining Ben Holden Ltd in summer 2021, Dennis has been providing case management services to adults living with brain injury and polytrauma.

## **Employment History**

### **August 2021 - Present**

**Associate Case Manager/Social Worker**  
Ben Holden Ltd, Suffolk

### **June 2018 - August 2021**

**Operational Team Manager (Adult Social Care) Mid Essex**  
Essex County Council

### **August 2014 – June 2018**

**Senior Social Worker, Working Age Adults Team - North**  
Essex County Council

### **December 2012 - August 2014**

**Social Worker, Transition Team (county wide)**  
Essex County Council

### **February 2010 – May 2012**

**Social Worker, Tendring Learning Disability and Physical Impairment Team**  
(later renamed to) **Working Age Adults Team**  
Essex County Council

### **November 2009 - February 2010**

**Care Manager/Social Worker, Colchester Assessment and Transitions Team**  
Essex County Council

## **Professional Memberships**

- Social Work England
- British Association of Brain Injury Case Managers (BABICM)
- Brain Injury Social Work Group (BISWG)

## **Personal Summary**

Dennis enjoys the challenges of completing escape rooms both locally and nationally with friends and family. Dennis regularly attends the gym where he is currently participating in powerlifting, furthermore he is involved in a variety of sports throughout the week such as football, badminton, squash, tennis and table tennis. Dennis spends time with his dog and living close to large woodland gives them opportunity to explore long walks.