

## DR ANNA SWIFT

Bsc (Hons) Psychology, PGDip Psych, D Clin Psy.

Case Manager & Clinical Psychologist

Based in Nr Norwich      email: [as@benholden.net](mailto:as@benholden.net)

### Skills & Experience Summary

Anna undertook an undergraduate and post graduate degree in Psychology before completing her Doctorate in Clinical Psychology at the University of East Anglia in 2005. Whilst training, she developed an interest in the neuropsychology of mood disorders and has worked with adults in both mental health and neuropsychology fields.

Anna has held positions in both community teams and acute hospital settings, with her most recent NHS post within the Neuropsychology team at Addenbrookes Hospital. As a regional trauma centre and centre of excellence, Anna worked with people throughout the neurorehabilitation process from initial admission through to continuing rehabilitation within the community.

In 2009, Anna set up her own private practice in Norwich, identifying a need within East Anglia for private clinical psychology and neuropsychological services. Anna has worked with multidisciplinary teams and occupational health services designed to improve clients quality of life, emotional well-being and levels of functioning.

### Employment History

#### October 2019 – present

Ben Holden Ltd  
Associate Case Manager

#### May 2009 – present

The Global Clinic, Norwich.  
Self Employed Clinical Psychologist

**October 2010 – April 2015**

Cambridge University Hospitals NHS Trust – Addenbrookes site, Cambridge, UK  
Neuropsychology Department  
Principle Psychologist

**May 2008 – October 2010**

Queen Elizabeth Hospital, Kings Lynn, UK  
Department of Health and Clinical Psychology  
Highly Specialist Clinical Psychologist

**October 2005 – May 2008**

Norfolk and Suffolk NHS Trust, Norwich, UK  
Community Mental Health Team  
Highly Specialist Clinical Psychologist

**Professional Memberships**

- Chartered Psychologist with British Psychological Society (BPS)
- Registered Practitioner Psychologist with Health Care Professions Council (HCPS)
- Associate Fellow of British Psychological Society (AFBPS)
- Fellow of Royal Society of Medicine (FRSM)
- Member of British Association of Brain Injury Case Managers (BABICM)

**Personal Summary**

Anna lives with her husband and 3 children in rural Norfolk, an ideal spot for the walking the family dog. Anna plays hockey regularly and also coaches and umpires the women's game. She is also an FA qualified football coach despite never even playing a game of football in her life! Anna's second love (after her family) is France – the food, the wine, the weather, the laid back approach to life – so she spends time there whenever possible!