

## **Ben Holden**

### **b app sc (occ therapy)**

Managing Director/Case Manager and Occupational Therapist (OT)

Based near Ipswich, Suffolk

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## **Skills & Experience Summary**

Ben qualified as an OT in Australia in 1998 and has worked in all areas of the rehabilitation process: intensive care, inpatient, outpatient, transitional living, community, vocational and case management. He has worked in the public and private sectors in Australia and the UK. Ben specialises in working with adults with traumatic brain injury (TBI) but also has experience with other conditions including amputations and complex orthopaedic.

He started his career on a TBI rehabilitation unit in Sydney in 1999, later working as a Case Manager in Sydney in 2002. Ben's caseload in the Australian private sector consisted mostly of brain injury case management supplemented with vocational rehabilitation in the state and federal workers' compensation schemes. He also regularly completed expert witness work in Australia and provided expert testimony in the Supreme Court of New South Wales.

In the UK, Ben initially held a permanent Neuro-OT position at management level on an NHS inpatient neurological rehabilitation centre of excellence in London, supervising many professional staff and assistants. Following this, he worked with a private brain injury case management company in Suffolk.

Ben's case load now tends to be comprised of young adult males with TBI with the most complex of presentations including: extremely challenging neuro-behaviours, mental health issues and complex cognitive impairment.

Since starting the company in 2009, he has maintained a caseload of catastrophic cases, in addition to the role of Clinical and Managing Director of the company.

Ben has provided professional services internationally in: Australia, Northern Ireland, Jersey, Guernsey, Alderney, Lithuania, Greece, France, Poland and the Czech Republic. In particular, Ben has a well established and trusted network of clinical contacts based in Poland.

## **Employment History**

### **April 2009 – Current**

Ben Holden Ltd – Suffolk, UK

Managing Director/Case Manager/Occupational Therapist

### **December 2007 – May 2009**

Anglia Case Management – Suffolk, UK

Brain Injury Case Manager & OT

### **May 2006 – November 2007**

Homerton Hospital Foundation NHS Trust - Hackney, London, UK

Regional Neurological Rehabilitation Unit

Permanent Band 7 OT

### **March 2006 – May 2006**

Wandsworth Primary Care NHS Trust - Roehampton, London, UK

Queen Mary's Hospital

Inpatient Neuro Rehabilitation Ward, Locum OT

### **February 2002 – January 2006**

Accent Rehabilitation Service - Sydney, Australia

Brain Injury Case Manager & OT

### **January 1999 – January 2002**

South Western Sydney Area Health Service - Sydney, Australia

Liverpool Hospital, Brain Injury Rehabilitation Unit

Rotational OT

## **Professional Memberships**

- Advanced member of the British Association of Brain Injury Case Managers (BABICM), Former Council Member of BABICM, Former Chair of BABICM Subgroup
- British Association of Occupational Therapy (BAOT)
- College of OT Specialist Section for Neurological Practice (COTSS-NP)
- College of OT Specialist Section – Independent Practice (COTSS-IP)
- Health and Care Professions Council (HCPC)
- UK Acquired Brain Injury Foundation (UKABIF)
- Eastern Region Brain Injury Forum (ERBIF)

- Information Commissioners Office (ICO)
- College of OT Specialist Section – Work

Ben is a former member of Independence Works and in 2015, NFU Mutual/Stewarts Law and Independence Works were successful in winning an award at the Rehabilitation First Awards. This was for innovative working with a large group of seriously injured clients in a collision on the M62 in Yorkshire in April 2013. Ben Case Managed three of the people injured in this high-profile incident and contributed to the management of this complex group of injured people.

### **Other Memberships**

- Member of Glyndebourne
- The National Secular Society
- The Japanese Garden Society
- Friend+ of Royal Opera House - Covent Garden
- Member of English National Opera
- Member of Garsington Opera
- Member of the Woolpit Neighborhood Plan Steering Group & various associated sub groups
- Member of the National Trust
- Member of The Listed Property Owners' Club

### **Personal Summary**

Ben enjoys living in rural England, spending time with family and friends, long walks with the dog, fine wine and vegetarian food, gardening, travelling and drinking green tea. He is keen on the outdoors, developing communities, being green and taking part in the occasional peaceful protest! Ben has a unique taste in music from experimental electronic to classical. He can often be found at the opera or trekking in the mountains. He finds the grueling challenge of regular Body Pump classes completely exhilarating!