

## **Mandy Kelly** BOccThy, CertAppErgonomics, DTOT

Associate Case Manager & Occupational Therapist

Based in Surrey      e-mail: [mk@benholden.net](mailto:mk@benholden.net)

### **Skills & Experience Summary**

Mandy qualified as an OT in Australia in 1992 and has worked in the fields of; case management, mental health, vocational rehabilitation and occupational health in public and private sectors in both Australia and the United Kingdom.

Mandy specialises in working with adults with multiple health conditions including mental health issues, brain injuries, spinal injuries, sensory disabilities, musculoskeletal and long-term neurological conditions. Her focus is on understanding an individual's current function in all aspects of their lives and working with them to optimise function and performance in home tasks, in work opportunities and in leisure pursuits.

Mandy started her career in inpatient and community psychiatry and moved into tertiary rehabilitation to assist individuals with multiple conditions to return to meaningful productivity and work. She developed her skills in functional capacity evaluation and ergonomic assessment whilst in Australia.

In the UK, Mandy used her skills to develop new occupational therapy services within NHS and private mental health facilities. She then developed the innovative occupational therapy service within an occupational health service for a government owned business in London. Mandy became the lead occupational therapist for this service, managing the service and providing clinical supervision to the team.

Mandy then became the Head of Professional Services for a rehabilitation provider, again providing clinical supervision for a multidisciplinary team of clinical and vocational case managers, developing the service and project managing the international CARF accreditation process.

In 2010, Mandy started her independent occupational therapy practice and since this time has case managed and assessed individuals with physical disabilities, long-term neurological conditions, sensory disabilities, learning difficulties, cognitive deficits and

mental illnesses. Mandy has skills in functional capacity evaluation, ergonomic assessments, cognitive assessment, neuro-linguistic programming (NLP), driving assessment and rehabilitation, as well as clinical governance including supervision of staff, training and policy development.

## **Employment History**

**October 2018 - Current**  
**Associate Case Manager**  
Ben Holden Ltd

**February 2010 - Current**  
**Owner/Occupational Therapist/Case Manager**  
Work Productivity Solutions Ltd

**February 2006 - January 2010**  
**Head of Professional Services**  
Kynixa Ltd

**January 2001 - January 2006**  
**Principal Occupational Therapist/Senior Occupational Therapist**  
Atos Origin Occupational Health/Royal Mail

**July 1999 - January 2001**  
**Locum Senior Occupational Therapist**  
Various NHS and Private Mental Health Clinics

**April 1994 - January 1999**  
**Case Manager/Occupational Therapist**  
CRS Australia

**March 1993 - April 1994**  
**Occupational Therapist**  
Hobson Park Psychiatric Hospital

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## **Professional Memberships**

Health and Care Professions Council (HCPC)  
British Association of Brain Injury Case Managers (BABICM)  
British Association of Occupational Therapy (BAOT)  
RCOT Specialist Section - Work (RCOTSS-Work)  
Case Management Society UK (CMSUK)  
Society of Occupational Medicine (SOM)  
Information Commissioners Office (ICO)

## **Personal Summary**

When not at work or studying for her MSc in Ergonomics, Mandy enjoys having adventures with her young family and spending time with friends. She enjoys travelling and experiencing new cultures, foods and environments. Mandy is a keen swimmer and cyclist (not such a keen runner!) but despite this she completed the London Triathlon in 2009 and 2015. She has now started up her training again for the next triathlon season.