

Kat Butterfield BSc (Hons) Physiotherapy

Associate Case Manager

Based in Great Missenden, Buckinghamshire

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Skills & Experience Summary

Kat graduated from Manchester School of Physiotherapy with a BSc (Hons) in Physiotherapy in 2002 and joined Ben Holden Ltd in early 2017. Kat is a Registered Physiotherapist who has worked predominantly with individuals with complex acquired brain injury and those with prolonged disorders of consciousness since 2005. Kat worked for several years in the NHS in acute neurosurgery, starting the rehabilitation process in ITU. She then moved into a rehabilitation coordinator role, supporting families and clients in the application to specialist inpatient and community rehabilitation programs and negotiating statutory provision.

Kat has been an independent case manager since 2009, working with clients with catastrophic injuries and managing clients both in the community and inpatient care settings. She has developed a special interest in clients with prolonged disorders of consciousness, advocating ongoing assessment and rehabilitation for those who may make slower progress. She is adept at leading multidisciplinary teams in goal focused treatment ensuring that interventions are timed appropriately and monitored closely to ensure effectiveness. She has experience of managing clients with a range of disability, including supporting and maintaining independent living in the community and vocational rehabilitation.

Kat is also experienced in treating clients with vestibular disorders. She saw outpatients at the Royal Free Hospital referred from Royal National Throat, Nose and Ear Hospital (RNTNE), from 2005 to 2008, and led the service/completed training for junior staff from 2006-2008. Kat also saw private patients between 2007-2009.

Employment History

November 2009 - November 2015

Case Management Services

Independent Case Manager for Neurohealth London

February 2008 - November 2009

Rehabilitation Coordinator (Band 7)

Royal Free Hospital NHS Trust

October 2005 - February 2008

Neurosciences Physiotherapist (Band 6)

The Royal Free NHS Trust

September 2002 - February 2005

Physiotherapist (Rotational, Band 5)

The Royal Free Hospital NHS Trust and Oldham General Hospital

Membership and Affiliations

- HCPC registered
- Member of Chartered Society of Physiotherapists (CSP)
- Member of BABICM
- Member of UKABIF

Personal Summary

Kat practices yoga and meditation and enjoys spending time in the countryside. Her weekends are spent enjoying food and music with friends and family.