

## **Christa Wright** b app sc (occ therapy)

Case Manager and Occupational Therapist

Based in Hackney, East London e-mail: [cw@benholden.net](mailto:cw@benholden.net)

### **Skills & Experience Summary**

Christa Wright is an occupational therapist who has been active in the profession for 19 years. She has extensive experience at a senior level, providing rehabilitation and disability management to adults with a wide range of complex medical and neurological conditions in both hospital and community settings.

After graduating in South Australia in 1998, Christa worked in Australia in hospital inpatient and community settings, gaining experience in a variety of areas including orthopaedic rehabilitation, general medicine and surgery, rheumatology and hand therapy, palliative care, pain management, emergency/admission avoidance programs and falls prevention. Christa developed a special interest in neurological rehabilitation while working on an inpatient rehabilitation unit for acquired brain injury in Adelaide, Australia. This led to her towards further opportunities with adults with brain injury, stroke and complex neuro-disabilities at a senior level in two community teams in East London from 2003 onwards. As well as working in neurological rehabilitation units, Christa has also held positions in inpatient and community rehabilitation services in several major London hospitals that included post trauma orthopaedic clients and amputees.

Christa has developed highly specialist clinical and managerial skills in the areas of neurological assessment of impairment and function, rehabilitation goals and treatment planning, disability management, vocational rehabilitation, and prescription of specialised equipment and major housing adaptations. Christa has also worked closely with interpreters and with people of diverse ethnic, social, cultural and religious backgrounds.

Christa first began working as a Case Manager in the UK in August 2007. In her 10 years

of case management experience, she has worked with many clients who have catastrophic injuries including brain injury, multiple orthopaedic injuries and amputations. During this time, she also taught courses in neurological rehabilitation for Harrison Training.

Christa returned to Australia during 2008 and 2009 and worked primarily in the field of Vocational Rehabilitation, where she provided Initial Needs Assessments, Job Analysis, Worksite/Ergonomic and Medico-legal Assessments within the insurance and personal injury litigation sector. She is a Matheson-trained Functional Capacity Evaluation Assessor.

Following her sabbatical in Australia, Christa returned to live in the UK permanently and now sub-contracts her services to a number of companies as both a case manager and treating occupational therapist / vocational consultant. She also has occasionally worked part-time as a locum in both the NHS and private hospital sector in order to remain up-to-date both clinically and professionally, in addition to her CPD activities. In her work for Ben Holden Ltd, Christa consistently manages a caseload of clients with a variety of catastrophic injuries including brain injury, orthopaedic injuries and amputations.

## **Employment History**

### **February 2010 - Current**

**Self-Employed - Including subcontracting to Ben Holden Ltd.**

Case Manager/Occupational Therapist

### **April 2014 - June 2014**

**London Bridge Hospital**

Senior Locum Occupational Therapist, band 7 (Adult Inpatient Neurology & Orthopaedics) - part time locum

### **January 2013 - April 2014**

**Greenwich Community Adult Rehabilitation Service**

Senior Locum Occupational Therapist, band 7 (Early Supported Discharge for Stroke) - part time locum

### **January 2010 - February 2010**

**Westminster Primary Care Trust**

Senior Locum Occupational Therapist (Neurological Rehabilitation) - full time locum

**September 2008 - December 2009**

**Effective Australia**

Senior Occupational Therapist / Vocational Consultant (Vocational Rehabilitation and Medico-Legal)

**May 2009 – June 2009**

**Whittington Hospital**

Specialist Senior Occupational Therapist (Stroke & Neuro) - Band 7 - full time locum

**August 2007 – August 2008**

**Harrison Associates / Harrison Training**

Case Manager & Trainer

**September 2005 and April 2006**

**Community Stroke and Disability Options Team**

Managerial Posts

**January 2004 – August 2007**

**Tower Hamlets Primary Care Trust Community Stroke Team**

Highly Specialist Senior Occupational Therapist (Stroke) - Band 7 - Locum/Permanent  
March 2004

**November – January 2006 – 2007 (Australia)**

**Flinders Medical Centre**

Senior Occupational Therapist (Neuro & Gen. Med.) - locum

**July 2003 – November 2003**

**Tower Hamlets Primary Care Trust Disability Options Team**

Highly Specialist Senior Occupational Therapist (Stroke) - Band 7 - locum

**September 2001 – April 2003**

**Noarlunga Health Services (Australia)** Senior Occupational Therapist (Gen. Med)

Inpatients/Older Adults & Community - permanent)

**September 2001 – April 2003 (Australia)**

**Noarlunga Health Services**

Senior Occupational Therapist (Gen. Med Inpatients/Older Adults & Community - permanent)

**June 2000 – September 2001 (Australia)**

**Noarlunga Health Service**

Occupational Therapist (equivalent to band 6)

**April 1999 – October 1999 (Australia)**

**Noarlunga Health Service**

Occupational Therapist (equivalent to band 5)

**October 1999 – June 2000**

**Julie Farr Services Residential Rehabilitation (Acquired Brain Injury)**

Occupational Therapist (Acquired Brain Injury - equivalent to band 5)

**February 1999 – March 1999 (Australia)**

**Queen Elisabeth Hospital – Cramond Clinic**

Occupational Therapist (Mental Health - Equivalent to Band 5) - locum

**Associations Professional Memberships**

- British Association of Brain Injury Case Managers (BABICM)
- Case Management Society United Kingdom (CMSUK)
- The Vocational Rehabilitation Association (VRA)
- British Association of Occupational Therapists (BAOT), including specialist sections for Work, Neurological Practice and Independent Practice.
- Health and Care Professions Council (HCPC)

## **Personal Summary**

Christa loves her music and occasionally dabbles as a singer-songwriter. Christa enjoys snowboarding, exercise and spending time with her family and friends. She loves cooking and eating organic food and being kind to the planet.