Ben Holden Limited
PO Box 731
Woolpit
BURY ST. EDMUNDS
IP30 9YE

Lisa Goudy BSc (Hons) OT

Associate Case Manager

Based in Stowmarket, Suffolk email: lg@benholden.net

Skills & Experience Summary

Since qualifying as an OT in 1995 Lisa has gained a wealth of experience in clinical and senior managerial roles both in the NHS and private settings.

During her career she managed a caseload of complex cases such as acquired brain injury, including those individuals with disorders of consciousness, spinal injury, parkinsons disease, multiple sclerosis, burns and plastics.

She provided assessment, rehabilitation and complex discharge planning to those aiming to return home from their admission. Lisa has worked in the following clinical areas; acute psychiatry, acquired brain injury, spinal injury, neurology, orthopaedic rehabilitation, general medicine, burns, general surgery and palliative care.

She provided senior clinical support and supervision at the stroke unit - Finchley Memorial Hospital, London and rehabilitation clinical support at Potters Bar Community Hospital. She completed the Certificate and Diploma in Management Studies (DMS) at Barnet College and also the D32 and D33 NVQ Assessor Award in Health Care and readily assessed NVQ level 2 and 3 students.

In 2003 Lisa took a Case Management position at a London based Case Management and Rehabilitation Company. She assumed lead role for OT in the company, providing clinical support and advice to other Case Managers and maintaining relationships with all the key stakeholders. She carried out functional assessments and immediate needs assessments of people who had suffered catastrophic trauma or severe illness, traveling the country to do so. She was also responsible for the sales and marketing activity for the company.

Following a career break to raise her family, Lisa joined Ben Holden Ltd resuming her position as an experienced case manager in 2015.

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Employment History

September 2015 – Current
Associate Case Manager – Occupational Therapist
Ben Holden Ltd

June 2007 –September 2015
Career Break to have a family

December 2002 – June 2007
Kynixa Ltd - Independent Rehabilitation and Case Management Provider, Ealing London
Occupational Therapist and Senior Case Manager

August 1997 – December 2002
Barnet NHS Trust, London – Incorporating Edgware Community Hospital, Finchley Memorial Hospital and Potters bar Community Hospital
Senior II then Senior I Occupational Therapist – Psychiatry, Neuro Rehab (Stroke), Orthopaedics, General Medicine

September 1995 – August 1997
Salisbury District Hospital, Salisbury, Wiltshire
Occupational Therapist - Neuro Rehab (ABI) Spinal Injury, Burns and Plastics

Memberships and Affiliations

- Health and Care Professions Council (HCPC)
- British Association of Brain Injury Case Managers (BABICM)
- British Association of Occupational Therapists (BAOT)
- Information Commissioners Office (ICO)
- Eastern Region Brain Injury Forum (ERBIF)

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Personal Summary

In her spare time Lisa is a keen horsewoman and enjoys riding her horse ‘Smurf’. She also has her 2 dogs and young son who keep her busy.