

## **Kat Butterfield** BSc (Hons) Physiotherapy

Associate Case Manager and Registered Physiotherapist

Based in Great Missenden, Buckinghamshire

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### **Skills & Experience Summary**

Kat is a Registered Physiotherapist who has been working predominantly with individuals with complex acquired brain injury and those with prolonged disorders of consciousness for over 12 years. Kat worked for several years in the NHS in acute neurosurgery, starting the rehabilitation process in ITU. She then moved into a rehabilitation coordinator role, supporting families and clients in the application to specialist inpatient and community rehabilitation programs and negotiating statutory provision.

Kat has been an independent case manager for over eight years, working with complex clients, managing clients both in the community and inpatient care settings. She has developed a special interest in clients with prolonged disorders of consciousness, advocating ongoing assessment and rehabilitation for those who may make slower progress. She is adept at leading multidisciplinary teams in goal focused intervention ensuring that interventions are timed appropriately and monitored closely to ensure effectiveness. She has experience of managing clients with a range of disability, including supporting and maintaining independent living in the community, and vocational rehabilitation.

Kat is also experienced with treating clients with vestibular disorders. She saw outpatients at the Royal Free Hospital (referred from RNTNE), from 2005 to 2008, and led the service/completed training for junior staff from 2006-2008. I also saw private patients between 2007-2009. Kat's latest training update in 2015, was a 3 day course at RNTNE (in diagnostics and rehabilitation).

## Employment History

### November 2009- November 2015

#### Case Management Services

Independent Case Manager for Neurohealth London.

### February 2008- November 2009

#### Rehabilitation Coordinator (Band 7)

Royal Free Hospital NHS Trust

### October 2005- February 2008

#### Neurosciences Physiotherapist (Band 6)

The Royal Free NHS Trust

### September 2002– February 2005

#### Physiotherapist (Rotational, Band 5)

The Royal Free Hospital NHS Trust and Oldham General Hospital.

### July 2002

Graduated from Manchester School of Physiotherapy with BSC (Hons) Physiotherapy.

## Membership and Affiliations

- HCPC registered
- Member of Chartered Society of Physiotherapists (CSP)
- Member of BABICM
- Member of UKABIF

## Personal Summary

Kat practices yoga and meditation and enjoys spending time in the countryside. Her weekends are spent enjoying food and music with friends and family.